

KIRTI

DARYANANI

BEFRIEND YOUR MIND & BRING
MEANING TO YOUR RELATIONSHIPS

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[Links](#) [Keynote Preview](#) [Preview of Book](#)

"She is highly empathetic and is particularly passionate to help women speak up and express their views in a strong, yet constructive and effective manner"

Meet Kirti, the visionary founder of Kirtana168, with an extraordinary blend of Dutch-Caribbean-Asian heritage and over two decades of experience in diverse communities. With degrees in business, international relations, and certified TEFL, Kirti possesses a profound understanding of multicultural communication complexities. Renowned for her thought leadership, Kirti shares her extensive experiences on the intersection of well-being and communication in today's diverse spaces. While empathy is essential, she believes that equanimity is the key to thriving and fostering a sense of belonging and effective communication.

Kirti effortlessly puts audiences at ease, navigating sensitive topics with grace. As an accomplished author of "Befriendurmind," she modernizes minds for meaningful relationships, placing equanimity at the core of all her services and speeches. Kirti's global travels and collaborations with prestigious organizations like Morgan Stanley, Google, Bloomberg, and The Hague University have solidified her expertise in remote work, leadership, and communication.

KEYNOTE TOPICS

LEAD WITH PRESENCE

**POWER OF EQUANIMITY -
BEYOND EMPATHY**

The importance of how to be composed and discerning in communication to assess and unravel confusions, mis-understandings to make wiser decisions.

BEFRIEND YOUR MIND

**RESILIENCE TO
NAVIGATE CHANGE**

Learn how to cultivate resilience and adapt to unexpected challenges in personal and professional life

LEVERAGE YOUR AUTHENTICITY

**BRIDGING CULTURES &
DIVERSITY WITH WORDS**

Harness the power of genuine connections, bridge cultural divides, and strengthen interactions in diverse settings

"I worked with Kirti on organizing couple of workshops for Google. The latest one was on how to communicate with a diverse audience.

I've found Kirti to be extremely knowledgeable and engaged with the workshop participants creatively and answered thought provoking questions about handling communication in difficult situations. She brought a wealth of experience and worked with us to mold the workshop to suit our needs."

BENEFITS OF BOOKING KIRTI

- Enhance communication effectiveness, foster inclusivity, and promote belonging
- Bridge cultural gaps and value diverse perspectives and experiences
- Equip your team with tools to navigate diverse, cultural, and digital environments
- Inspire your audience with practical strategies for personal and professional growth