

# KIRTI DARYANANI

## PRESENCE CATALYST

speaker.author.facilitator.consultant



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Links Workshop & Preview of Book

Kirti's approach shares with individuals how to customise their presence. Her style of workshops comes from the word: equanimity, the missing piece to effective communication in modern global landscape. She moves passed the conversations of empathy and mindfulness and focuses on how to understand your audience with EQUANIMITY.

Drawing on years of experience working with diverse and cultural backgrounds, focusing on strategic energy management, how to think on your feet, and navigate being aware of our use of language, and much more. Her interactive workshops dive into diverse topics which leaders may feel self-conscious to talk about such as intersectionality, code-switching. Kirti focuses on leaving attendees with tangible skills and a deeper understanding of themselves and others.

Clients, have benefitted on how they manage their communication in different environments, understand how to be deliberate and discerning to create meaningful connections. She is also the author of #BefriendurMind: 59 ways to train modern minds for meaningful relationships.

## 3 STEPS TO IGNITE COMMUNICATION BRILLIANCE

#### Transformational services

Introduction workshops | Bespoke courses | 1-2-1 coaching services | In-house (DEI)advisory, course creation, and consulting

#### **BEFRIEND YOUR MIND**

Embrace Change, Boost Resilience, and Master Life's Surprises with a Personal Gym for Mindset and Relationships

## LEVERAGE YOUR AUTHENTICITY

elevate & leverage authenticity, navigate diverse relationship and expand your network strategically, deliver impactful presentations

#### LEAD WITH PRESENCE

Delibately calmness and discernment to master conflicts, Communication, and Adaptability for Optimal Team Performance.

"I worked with Kirti on organizing couple of workshops for Google.
The latest one was on how to communicate with a diverse audience.

I've found Kirti to be extremely knowledgeable and engaged with the workshop participants creatively and answered thought provoking questions about handling communication in difficult situations. She brought a wealth of experience and worked with us to mold the workshop to suit our needs."

# BENEFITS OF BOOKING KIRTI

- Gain a competitive edge through skilful empathy for collaboration in diverse networks.
- Equip your team with communication tools in diverse, cultural, and digital environments, driving adaptability, innovation and success
- Cultivate belonging by bridging cultural gaps and create a safe-brave spaces for diversity of thought
- Empower personal and professional growth with practical strategies to speak up and thrive